## A boxing inequality for the fractional perimeter

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Abstract. We prove the Boxing inequality

$$\mathcal{H}_{\infty}^{d-\alpha}(U) \leq C\alpha(1-\alpha) \int_{U} \int_{\mathbb{R}^{d} \setminus U} \frac{\mathrm{d} y \, \mathrm{d} z}{|y-z|^{\alpha+d}}$$

for every  $\alpha \in (0, 1)$  and every bounded open subset  $U \subset \mathbb{R}^d$ , where  $\mathcal{H}_{\infty}^{d-\alpha}(U)$  is the Hausdorff content of U of dimension  $d - \alpha$  and the constant C > 0 depends only on d. We then show how this estimate implies a trace inequality in the fractional Sobolev space  $W^{\alpha,1}(\mathbb{R}^d)$  that includes Sobolev's  $L^{\frac{d}{d-\alpha}}$  embedding, its Lorentz-space improvement, and Hardy's inequality. All these estimates are thus obtained with the appropriate asymptotics as  $\alpha$  tends to 0 and 1, recovering in particular the classical inequalities of first order. Their counterparts in the full range  $\alpha \in (0, d)$  are also investigated.

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